

Bluecat Cafe

K8 Campus - Lunch



Special Announcements:

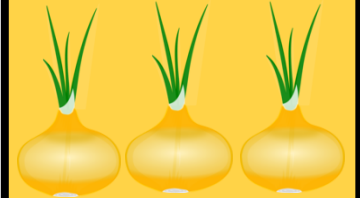
- * Choice of milk each day
- * Fruit punch offered Monday, Wednesday & Friday
- * Grape juice offered Tuesday and Thursday

October

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni pizza Bean / beef burrito Baby carrots / ranch Green beans Picante sauce Pears	Chicken ranch wrap Spinach Strawberries Ranch dressing	Beef stew Crackers Corn dog Steamed broccoli Black eye peas Fresh orange Mustard / ketchup	Crispy tacos Garden salad/ ranch Salsa Pickle chips Peaches	Hotdog Chicken fried steak Whole kernel corn Pork-n-beans Ketchup / mustard Fresh apple half
3	4	5	6	7
Chicken strips Bread slice Spinach Whipped potatoes Ketchup Fresh orange	Pepperoni pizza Pinto beans Green beans Diced pears	Chicken spaghetti Breadstick Corn dog Garden salad Baby carrots / ranch Ketchup / mustard Mixed fruit	Fish fillet Brd. Chicken patty Broccoli / ranch Black eye peas Ketchup Diced peaches	Hot dog Garden salad Pork-n-beans Fresh apple half Mustard/mayo/ketchup Ranch dressing
10	11	12	13	14
Chicken nuggets Glazed carrots Black eye peas Ketchup Applesauce	Chicken fajitas Garden salad Pinto beans Ranch dressing Fresh orange	Pork riblet Bread slice Fish fillet Broccoli / ranch Whole kernel corn Ketchup Pears	Turkey /cheese sandwich Chili beans Garden salad Ranch/mayo/mustard Diced pineapple	Brd. Chicken patty Bread slice Hot dog Sunchip Garden salad Pork-n-beans Ketchup/mustard Fresh apple half
17	18	19	20	21
Chicken strips Bread slice Corn dog Steamed carrots Whipped potatoes Ketchup / mustard Fresh orange	Chicken patty Pepperoni pizza Garden salad Broccoli / ranch Ketchup / mustard Mixed fruit	Tex Mex stack Tostado chips Salsa Pickle chips Diced peaches	Oven fried chicken Honey wheat roll Fish fillet Bread slice Whole potatoes Green beans Ketchup Diced pineapples	Hot dog Garden salad Pork-n-beans Pickle chips Ranch/mayo/mustard Ketchup Fresh apple half
24	25	26	27	28
Pepperoni pizza Bean / beef burrito Baby carrots/ ranch Green beans Picante sauce Fresh orange	Over 1 billion pounds of pumpkin are produced in the US every year! Pumpkin can be baked, roasted, steamed or boiled, and the seeds can be cleaned and roasted for eating. The world record pumpkin weighed 1810 pounds!!!			
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Did You Know?

Texas scores big as the state that invented the 1015 onion! It's the official state vegetable for Texans and the Texas A&M scientist who invented the onion called it 1015 because the best day to plant it is October (10) 15th (15).



Spider Cracker Snacks

Ingredients

- Round crackers such as Ritz
- Pretzel sticks
- Cream cheese (or peanut butter)
- Raisins (or cranberries or blueberries)

Instructions

1. Spread cream cheese on one side of the cracker so that it's thick enough to secure the pretzels.
2. Break pretzel in half and use 8 halves for legs.
3. On another cracker, spread a light layer of cream cheese so that it can sandwich the other cracker and pretzel sticks
4. Dip two raisins in cream cheese and stick them to the top for eyes.

